

# Five Things You Want Your Provider to Know About Being a Lifetime Survivor

First Name:

Last Name:

DOB:

Date:

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1. What aspects of being diagnosed perinatally make your experience different from others and how can your provider use this information to better support you?

2. What is challenging about having parents who were diagnosed later in life?

3. What challenges have you encountered with your care, including transitioning from pediatrics to adult care?

4. What can providers do to be more supportive of you as a lifetime survivor?

5. What changes in how care is provided would be most helpful in your attaining and maintaining health and wellbeing?